

STANDARDISATION OF AYURVEDIC DRUGS

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The Ayurvedic materia medica mainly depends on medicinal plants numbered 600 to 700 (Based on Brihtrayee). For the present day, standard drugs are needed because the Gurukula Parampara of teaching has vanished. For standard drugs the following are to be considered i.e. the controversy of raw drugs, usage of certain drugs based on the original texts, formulation for the various clinical applications etc. In this paper identification of drug according to Ayurvedic methods i.e. the synonyms, uses and actions, the place of growth, shape and type of leaves and flowers, parts used with examples, proper usage of drugs like Draksha, Bilwa, Hareetaki etc. Some formulations in relation to the actual clinical usage like Nasya, Snehapana and Abhyanga are discussed.